Counselor Training

HIV AIDS in UP

Uttar Pradesh is the most populous state in the country accounting for 16.4 per cent of the country’s population. In the context of HIV/AIDS, Uttar Pradesh is a high vulnerable state with HIV prevalence of 0.12% among the adult population.

PPTCT Program

Parent to child HIV transmission occurs during pregnancy, delivery and breastfeeding. It is estimated that without any intervention the risk of transmission of HIV mother to her child is 20-45%. But with effective use of Anti-retroviral (ARV) drug during pregnancy & prophylactic treatment of Nevirapin for children can reduce this risk to less than 5%.

Training Overview

With the leadership and guidance of Project Director, UPSACS Mr. Alok Kumar and Additional Project Director Mr. Rakesh Kumar Mishra, HCTS guideline 2016 was launched in UP. BSD team members Dr. Preeti Pathak (In-charge ICICT), Dr. Maya Bajpai (Deputy Director-PPTCT), Mr. Ajay Shukla (Assistant Director, ICTC) and Mr. Niraj Kumar Srivastava (PPTCT Consultant – UNICEF) imparted training to 220 trainees.

HCTS New Guideline

Achieving the 90-90-90 goals may not be realistic without universalization of HIV testing services in all the public health care institutions in the country and NACO is striving to reach this goal through implementation of new National HCTS guidelines. The new HCTS guidelines give us an opportunity to move forward to explore new mechanisms and effective strategies to involve both public and private sector institutions.

PALS Software

NACO has launched “PALS” software for online data reporting. Counselor and Data Manager are supposed to fill monthly data in this software. There are 389 counselors and 48 data managers in the state who enter program data at 409 centers. Uttar Pradesh State AIDS control society is planning to conduct a counselor and data manager training on “PALS”.

UNICEF Support

UNICEF and GoUP are committed to work towards “elimination of new HIV infections among children”. The purpose of this training is to assist UNICEF in conducting training of counselors and data managers on PALS. So that correct data can be reported in time for better registration and tracking of HIV positives and exposed children.

HCTS Launch

National HIV Counseling and Testing Services Guidelines, 2016 is launched in Uttar Pradesh to facilitate in planning, implementation, guidance, supervision, monitoring and review, management, and in maintaining high quality HIV Testing services.

PALS Training

220 Counselors and Data Managers trained in PLHIV ART Linkage Software (PALS) to ensure timely and correct data reporting in Uttar Pradesh. This is two day residential training conducted in Hotel Lineage, Lucknow.
New sections in HCTS Guideline

(a) HIV-TB collaborative activities
(b) linkages
(c) supply chain management
(d) IEC activities
(e) information management system
(f) importance of testing for syphilis for PW

New in PALS Software

(a) Integrated module is added
(b) Daily or weekly reporting
(c) Online dashboard for real time reporting
(d) Line listing of general client and pregnant women

PLHIV-ART Linkage Software (PALS)

1st Batch – 56 Participants
2nd Batch – 60 Participants
3rd Batch – 50 Participants
4th Batch – 54 Participants

Total 220 Participants trained

Mr. Rakesh Kumar Mishra (APD) addressing the participants

Lamp lighting, inauguration of training

Group Work on PALS online Software

Group photograph of training
Evaluation of trainings

1st Batch – 56 Participants

First batch of training started from 23rd May 2017. 45 Counselors, 8 Data Managers, 2 Technical Officer and 1 ICTC supervisor attended training. Training successfully end on 24th May 2017.

2nd Batch – 60 Participants


3rd Batch – 50 Participants

Third batch of training started from 30th May 2017. 37 Counselors, 9 Data Managers, 2 Technical Officer and 2 ICTC supervisors attended training. Training successfully ends on 31st May 2017.

4th Batch – 54 Participants

Fourth batch of training started from 1st Jun 2017. 41 Counselors, 8 Data Managers, 1 staff nurse, 3 Technical Officer and 1 ICTC supervisor attended training. Training successfully ends on 2nd Jun 2017.
Expected Outcome

- Provide counseling services as per new guideline
- Use new guideline in implementation of program

HCTS

- Timely and error-free reporting
- Maintaining line listing of HIV+ve general client and pregnant women
- Improve ART linkage

PALS

- Initiate HIV treatment in early stage of HIV-infected babies
- Prevent mother to child HIV transmission

EID