A new hope to live...

Prevention is better than cure

Timely diagnosis and treatment of Sony, a HIV positive, finally led her to cherish the motherhood, as her baby was tested HIV negative

Anil (name changed) was a businessman and resides in Noida. He has been taking drugs for many years. He got married to Anjali (name changed) two years ago. Anjali requested many a times to Anil to give up drugs, but he used to beat her up. Anjali became pregnant and she went to government hospital for antenatal check-up. The counsellor at the HIV testing facility explained the significance of test to Anjali. After testing, the result was disclosed to Anjali and she started crying as she was infected with HIV. She denied sexual contact with anyone other than her husband and she never came in contact of blood. She admitted that her husband was taking drugs since many years.

Anil was counselled and tested for HIV. He was found infected with HIV. Anil got terrified and admitted that he shared needles with his friends while taking drugs. He felt depressed and hopeless. Counsellor called both of them together and told them that being HIV positive is not the end of life. Both of them were referred to Anti-Retroviral Therapy (ART) Centre for registration and for regular blood check-up for CD4 count. HIV positive patients, if follow proper medication and adopt a healthy lifestyle, can live for many decades. Counsellor also explained that Anjali should come for regular check-up and should deliver the child in government setting so that she can receive adequate care and prophylaxis can be given to her mother and baby. Anil was extremely sad as he has infected his wife and the child also. Anil decided to give up drugs. Anil and Anjali decided that they will not disclose their HIV status to any of the family member or other family member. The family, with support of husband, should be treated equal to any other family member.

Once bitten twice shy. Anil gave up drugs only when he came to know about his HIV status. While the wife bore the brunt, the duo felt relaxed when their child was tested HIV negative

It's never too late!

Not just tales, these heart touching facts of lives, unfold a saga of emotions where HIV infected people brave against all odds to fight the battle against AIDS.